

Grosvenor School

PSHE and Citizenship

Scheme of work-Reception.

Theme Title	Intended learning outcomes
<p>Theme 5 – Good to be me.</p>	<p>Knowing myself.</p> <ul style="list-style-type: none"> • I can tell you the things I like doing and the things I don't like doing. • I can say how I feel when I am feeling proud. <p>Understanding my feelings.</p> <ul style="list-style-type: none"> • I can tell when I am feeling excited. • I can tell or show how I feel when I am excited. • I can say and show you when I am feeling good and happy. • I can tell or show what feeling proud looks like. <p>Managing my feelings.</p> <ul style="list-style-type: none"> • I can stay still and quiet for a short time. • I can relax with help. <p>Standing up for myself.</p> <ul style="list-style-type: none"> • I can say what I need. • I can stand up for my own needs and rights without hurting others.