

# Grosvenor School

## PSHE and Citizenship

### Scheme of work - Reception.

Theme Title	Intended learning outcomes
<b>Theme 7 -Changes.</b>	<p><b>Knowing myself.</b></p> <ul style="list-style-type: none"> <li>• I can tell you what I can do know that I couldn't do when I started school.</li> <li>• I can tell you how I have changed.</li> </ul> <p><b>Understanding my feelings.</b></p> <ul style="list-style-type: none"> <li>• I can remember feelings I have had and why I felt like that.</li> <li>• I can sometimes tell you how change makes me feel.</li> <li>• When I feel bad, I know that it helps to do something different.</li> </ul> <p><b>Understanding the feelings of others.</b></p> <ul style="list-style-type: none"> <li>• I know that sometimes people are not very nice to me it is because they don't feel very good inside.</li> <li>• I know how to help someone when they feel sad.</li> </ul> <p><b>Making choices.</b></p> <ul style="list-style-type: none"> <li>• I can tell you what I did with my class/ group to make the outdoor area/ classroom/ setting better.</li> </ul>