

# Grosvenor School

## PSHE and Citizenship

### Scheme of work-Year 1.

Theme Title PSHE/Citizenship links	Intended learning outcomes
<p><b>Theme 2</b> – Getting on and falling out.</p> <p><b>1a-</b> to recognise what they like and dislike, what is fair and unfair, and what is right and wrong.</p> <p><b>1c-</b> to recognise, name and deal with their feelings in a positive way.</p> <p><b>1d-</b> to think about themselves, learn from their experiences and recognise what they are good at.</p> <p><b>1e-</b> how to set simple goals.</p> <p><b>2c-</b> to recognise choices they can make and recognise the differences between right and wrong.</p> <p><b>2h-</b> to contribute to the life of the class and the school.</p> <p><b>4a-</b> to recognise how their behaviour affects others.</p> <p><b>4b-</b> to listen to other people and play/work co-operatively.</p> <p><b>4c-</b> to identify and respect differences/similarities between people.</p> <p><b>4d-</b> that family and friends should care for each other.</p>	<p><b>Friendship.</b></p> <ul style="list-style-type: none"> <li>• I can tell you what being a good friend means to me.</li> <li>• I can listen well to other people when they are talking.</li> <li>• I can make someone else feel good by giving them a compliment.</li> <li>• I know what to say when someone gives me a compliment.</li> </ul> <p><b>Seeing things from another point of view.</b></p> <ul style="list-style-type: none"> <li>• I know that people don't always see things in the same way.</li> <li>• I can see things from someone else's point of view.</li> </ul> <p><b>Working together.</b></p> <ul style="list-style-type: none"> <li>• I can work well in a group.</li> <li>• I can decide with my group about how well we have worked together.</li> </ul> <p><b>Managing feelings – anger.</b></p> <ul style="list-style-type: none"> <li>• I know when I am starting to feel angry.</li> <li>• I know what happens on the inside and outside of my body when I start to get angry.</li> <li>• I know some ways to calm down when I am starting to feel angry.</li> <li>• I know that sometimes anger builds up and up and that I can be overwhelmed by my feelings.</li> </ul>