

Grosvenor School

PSHE and Citizenship

Scheme of work- Year 4

| Theme Title PSHE/Citizenship links | Intended learning outcomes |
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| <p>Theme 7- Changes.</p> <p>Year3 – Children will be taught to: 1b- to recognise their worth as individuals, by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals. 1c- to face new challenges positively by collecting information, looking for help, making responsible choices and taking action. 2e- to reflect on spiritual, moral, social and cultural issues, using imagination to understand other people’s experiences. 2i- to appreciate the range of national, regional, religious and ethnic identities in the UK.</p> <p>Year 4 – Children will be taught to: 1a- to talk and write about their opinions, and explain their views, on issues that affect themselves and society. 1c- to face new challenges positively by collecting information, looking for help, making responsible choices and taking action. 2e- to reflect on spiritual, moral, social and cultural issues, using imagination to understand other people’s experiences. 4a- that their actions affect themselves and others, to care about others feelings and try to see things from others point of view. 4c- to be aware of different types of relationships, including marriage, and those between friends and families, and to develop the skills to be effective in relationships.</p> | <p>Knowing myself.</p> <ul style="list-style-type: none"> • I know that change can be really good and can tell you about some changes that have made our lives much better. • I know that everybody goes through many different sorts of changes all the time. • I can tell you about some of the things that have changed in my life, and how I feel about them. • I know that what we feel and think affects what we do (how we behave.) • I can tell you why I behave as I do when I am finding a change difficult. <p>Understanding my feelings.</p> <ul style="list-style-type: none"> • I know that even changes we want to happen can sometimes feel uncomfortable. • I can tell you how I would feel if a change that I didn’t want was imposed on me . • I know some of the reasons that change can feel uncomfortable or scary. <p>Understanding the feelings of others.</p> <ul style="list-style-type: none"> • I can sometimes understand why other people are behaving as they are when they are finding a change difficult. <p>Managing my feelings.</p> <ul style="list-style-type: none"> • I know some ways of dealing with the feelings that sometimes arise from changes. <p>Planning to reach a goal.</p> <ul style="list-style-type: none"> • I can tell you about a plan I have made to change something about my behaviour. • I can think about and plan to overcome obstacles. <p>Belonging to a community.</p> <ul style="list-style-type: none"> • I can tell you how it feels to belong to a group, and know it is important for everyone. |